

	Kaderstufe	50m FS	100m FS	200m FS	400m FS	800m FS	1500m FS	50m AP	100m ST	400m ST	800m ST
	B- Kader Damen	00:20,4	00:44,9	01:39,9	03:39,9	07:31,5	14:38,0	00:18,5	00:43,1	03:28,5	
98	C-Kader weibl.	00:21,4	00:47,5	01:45,0	03:45,0	07:45,0	15:03,0	00:19,8	00:44,5	03:38,0	C-Ü
99		00:21,5	00:48,0	01:45,8	03:46,5	07:50,0	15:06,0	00:20,3	00:45,7	03:42,0	C-Ü
00		00:21,6	00:48,5	01:46,5	03:48,0	07:55,0	15:10,0	00:20,8	00:46,9	03:46,0	Jun C3
01		00:21,9	00:49,8	01:49,8	03:55,0	08:06,0	15:40,0	00:21,5	00:48,8	03:51,0	Jun C3
02		00:22,1	00:50,8	01:51,0	03:58,0	08:12,0	15:55,0	00:21,8	00:49,8	03:55,0	Jun C3
03		00:22,3	00:51,5	01:52,0	04:02,0	08:20,0	16:15,0	00:22,0	00:51,0	04:05,0	Jun C3
04		00:23,0	00:52,5	01:53,0	04:08,0	08:32,0	16:30,0	00:22,4	00:52,0	04:12,0	
05		00:23,3	00:53,0	01:54,5	04:13,0	08:40,0	16:45,0	00:22,8	00:53,0	04:18,0	
06		00:23,8	00:53,5	01:56,0	04:19,0	08:50,0	17:05,0	00:23,5	00:54,5	04:26,0	
07		00:24,2	00:54,0	01:57,5	04:22,0	08:57,0	17:20,0		00:55,3	04:29,0	
04	D/C- Kader weibl.	00:24,0	00:54,0	01:56,5	04:19,0	08:52,0	17:10,0	00:23,8	00:55,0	04:26,0	
05		00:24,5	00:54,8	01:58,0	04:24,0	09:02,0	17:35,0	00:24,5	00:56,0	04:32,0	
06		00:25,0	00:55,5	02:02,0	04:28,0	09:12,0	17:50,0	00:25,0	00:57,0	04:38,0	
07		00:27,0	00:58,5	02:09,9	04:32,0	09:35,0	18:25,0		01:00,0	04:49,0	
08		00:28,0	01:01,5	02:14,0	04:44,0	09:51,0			01:03,0	04:57,0	
09		00:29,0	01:05,0	02:20,0	04:55,0	10:20,0					
	B- Kader Herren	00:17,3	00:38,5	01:29,2	03:19,9	07:02,0	13:35,0	00:16,0	00:37,1	03:04,5	
98	C- Kader männl.	00:18,2	00:40,4	01:33,5	03:27,5	07:17,5	14:06,0	00:16,6	00:38,5	03:13,0	C-Ü
99		00:18,6	00:41,4	01:35,0	03:28,7	07:19,5	14:13,0	00:16,9	00:39,0	03:17,5	C-Ü
00		00:19,0	00:43,4	01:36,5	03:30,0	07:22,0	14:20,0	00:17,3	00:39,5	03:22,0	Jun C3
01		00:19,8	00:43,8	01:40,0	03:37,0	07:36,0	14:40,0	00:18,4	00:42,8	03:33,0	Jun C3
02		00:20,2	00:44,8	01:42,0	03:42,0	07:43,0	14:55,0	00:18,7	00:43,9	3;39,0	Jun C3
03		00:20,5	00:45,5	01:44,0	03:47,0	07:50,0	15:10,0	00:19,0	00:45,0	03:46,0	Jun C3
04		00:21,0	00:46,5	01:45,0	03:53,0	08:00,0	15:30,0	00:19,5	00:46,0	03:52,0	
05		00:21,5	00:47,5	01:46,0	04:01,0	08:08,0	15:55,0	00:20,0	00:47,2	04:01,0	
06		00:22,0	00:49,0	01:50,0	04:08,0	08:22,0	16:10,0	00:21,0	00:50,0	04:14,0	
07		00:22,5	00:49,7	01:51,5	04:10,5	08:29,5	16:16,5		00:50,8	04:17,5	
04	D/C- Kader männl.	00:22,5	00:49,0	01:49,5	04:08,0	08:25,0	16:12,0	00:21,2	00:50,5	04:15,0	
05		00:23,0	00:50,0	01:52,5	04:12,5	08:37,0	16:25,0	00:22,0	00:51,5	04:21,0	
06		00:24,0	00:52,0	01:56,0	04:18,0	08:52,0	16:50,0	00:23,0	00:52,5	04:30,0	
07		00:25,5	00:56,0	02:01,0	04:25,0	09:15,0	17:35,0		00:55,0	04:40,0	
08		00:27,0	00:59,5	02:07,0	04:36,0	09:35,0			01:00,0	04:52,0	
09		00:28,5	01:03,0	02:14,0	04:50,0	10:00,0					

Diese Normzeiten müssen in der Saison 2020 erfüllt werden !